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1. Introduction

- Importance of cyber security in daily life
- Growing cyber threats in the digital world
- Need for online safety and data protection
- Overview of cyber security practices

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2. Use Strong and Unique Passwords

- Importance of password security
- Characteristics of a strong password
- Avoiding common password mistakes
- Benefits of password managers

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3. Enable Two-Factor Authentication

- What is 2FA?
- How 2FA improves account security
- Types of authentication methods
- Importance for banking and social media accounts

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4. Keep Software and Devices Updated

- Risks of outdated software
- Importance of regular updates
- Updating operating systems and applications
- Automatic update features

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5. Beware of Phishing Attacks

- Understanding phishing scams
- Common phishing techniques
- Identifying fake emails and websites
- Safe browsing habits

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6. Use Trusted Antivirus and Security Software

- Role of antivirus software
- Malware and ransomware protection
- Features of modern security tools
- Importance of regular scans and updates

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7. Secure Your Wi-Fi Network

- Risks of unsecured Wi-Fi
- Creating strong router passwords
- Using WPA2/WPA3 encryption
- Benefits of VPN security

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8. Backup Important Data Regularly

- Importance of data backup
- Types of backup methods
- Cloud storage and external drives
- Protection against ransomware and data loss

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9. Be Careful While Using Social Media

- Privacy risks on social platforms
- Safe sharing practices
- Managing privacy settings
- Avoiding identity theft and scams

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10. Learn Safe Online Shopping Practices

- Secure online payment methods
- Identifying trusted websites
- Avoiding fake shopping portals
- Protecting banking information

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11. Understand the Importance of Cyber Security Education

- Benefits of learning cyber security
- Practical skills and ethical hacking knowledge
- Industry demand for cyber security professionals
- Importance of hands-on training

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13. Conclusion

- Summary of cyber security best practices
- Importance of staying alert online
- Benefits of cyber awareness and training
- Future importance of digital security

Call To Action (CTA

Join Excellence Technology

- Practical Cyber Security Training
- Ethical Hacking & Network Security
- Real-World Projects & Tools
- Career-Focused IT Training

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